

TCM 中醫學

TCM (Traditional Chinese medicine) has been originally developed in China with over 3,000 years of history. TCM treatments consist of herbs, Tuina (Classical Chinese massage), cupping and acupuncture, etc. It is the oldest, safest & most natural therapy in the world. It has been widely used in China, Korea and Japan, now becoming more & more popular in the West including UK.

HERB 中草藥

Herbal medicine is the result of combination between plants & foods which are used for keeping and restoring the normal body functions & treating most of diseases. The herbal formula for each patient varies & depends on the diagnosis by our experienced TCM practitioners. Herbal remedy is key therapy in this centre. Usually patients will feel difference after 7-14 days of herbal treatments.



TUINA 推拿

Tuina is a form of Chinese classical massage with hands-on body that uses Chinese Taoist and martial arts in an effort to bring the body from 'imbalance' into 'balance'. The practitioner may knead, roll, press, and rub the affected area for treatments of musculoskeletal conditions, arthritis, headache, neck or back pains, insomnia, stress, chest & abdominal pains etc.

ACUPUNCTURE 針灸

Acupuncture is regarded as a form of alternative medicine in the West. It is an important part of TCM. For over 3,000 years, it has been applied successfully to many conditions, such as headache, migraine, arthritis, gout, muscular and neck or back pains, sinusitis, obesity, insomnia, depression, hysteria, infertility, irregular menstruation etc.



- 2 Successful cases of infertility treated by Prof Enqin Zhang (Engin Can) with herbs

PROF ENQIN ZHANG (ENGIN CAN)

張恩勤 教授

A worldwide well-known TCM & herbal scholar & practitioner .

He started studying TCM (Traditional Chinese medicine) & herb at Shandong College of TCM in 1972, and then graduated from Shandong University of TCM in 1982 with master degree in TCM ; and also obtained doctorate in alternative medicine from Medicina Alternativa Institute in 1992. He gets professorship from 6 Chinese & international universities & institutes.

Currently he is the member of ATCM UK & is qualified to practice TCM, herbal medicine, acupuncture and Tuina therapies in UK. Patients are coming to see him from all over the world including members of royal families. Additionally, he acts as president of UK Academy of Chinese Medicine and teaches acupuncture, massage and herbal medicine for postgraduates; he is the member of 'Clinical Curative Effects Evaluation Committee' of WFCMS (associated with WHO) ; the senior member of the Royal Society of Medicine UK; and Vice president & general secretary of ACMP, UK.

He can help patients with TCM & herbal therapies for following conditions: sinusitis, sore throat, Meniere's disease, tinnitus, hearing problem, gastritis, peptic ulcer, infection or stones in gallbladder, IBS, asthma, cough, headache, migraine, stress, insomnia, depression, hysteria, dizziness, hypertension, chest pain, palpitation, arthritis, gout, neck pain, lumbago, sciatica, osteomyelitis, nephritis, urinary infection, enuresis, prostatitis, infertility, hemorrhoid, acne, eczema, women diseases, hair loss, smoking and cancer patient's supports, ect.

Prof Enqin Zhang has written & published many TCM & herbal books, such as 'Research in Classical Herbal Formulas', published by Yellow River Press in 1989; 'A Practical English-Chinese Library of TCM', composed of 14 books, the first of its kind in the world, published by Shanghai TCM University Press in 1990; 'Shang Han Lun Study Guide' by People's Medical Publishing House in 2006, etc. He was awarded by Chinese State Council for his outstanding achievements in TCM & herbs in 1990.

He is practicing in this centre.

張恩勤 主任醫師 教授 國際著名中醫學者和臨床專家

從醫43年，臨床經驗豐富。現為英國皇家醫學會和英國中醫藥學會資深會員，世界中醫藥學會聯合會‘臨床療效評價委員會’專家。先後師從著名傷寒專家導師李克紹教授和內婦科名醫呂同杰教授，盡得其傳。1982年山東中醫藥大學研究生畢業，醫學碩士；1992年獲 MEDICINA ALTERNATIVA INSTITUTE 院長 ANTON JAYASURIYA 教授授予的‘替代醫學博士’。

擅治胃炎、潰瘍病、氣管炎、哮喘、失眠、抑鬱癥、頸椎病、腰椎病、骨髓炎、關節炎、痛風，肝膽病、心血管病、泌尿生殖病及性病、男性不育、女性不孕、鼻竇炎、咽喉炎、中耳炎、內耳眩暈、瘡癤、濕疹、帶狀疱疹、牛皮癬和脫發，以及戒烟和癌癥的輔助治療等。

他論著甚多，曾主編[經方研究]，黃河出版社1989年7月出版；世界第一套[英漢對照實用中醫文庫]14本，上海中醫藥大學出版社1990年4月出版；[中國傳統醫學叢書]27分冊（含藏醫），科學出版社1994年陸續出版；新著[傷寒論研習指導]英文版，人民衛生出版社2012年6月出版。其作品早已流傳到世界上80多個國家和地區。在英國皇家醫學會、MIDDLESEX UNIVERSITY、WESTMINSTER UNIVERSITY 等圖書館，均可借到。1991年曾獲中國國務院學位委員會‘突出貢獻獎’。先後擔任過山東中醫藥大學進修部（西醫學習中醫系）主任、蘇聯阿瑟拜疆衛生部醫藥學院教授、國際替代醫學學院教授、臺灣臺北中醫藥學會名譽教授等。目前擔任英國中醫學院院長，與浙江中醫藥大學合辦中醫碩士、博士研究生教育以及多種進修班。他精通漢、英和土耳其語等，醫德高尚。前來就醫者，不乏皇家貴族、高官名流；更多為平民百姓。他都一視同仁，精心診治。

張教授現就在此診所坐堂行醫，每天應診。

其他專家

這裏是英國中醫學院的附屬診所，英國中醫學院的部分教授、專家，也在此坐堂行醫，但需提前 2-3 天預約。具體請查英國中醫學院官方網頁：www.uacm.co.uk

TCM & HERBS

Can Help You With Following:

Ear, Nose & Throat:

Sinusitis, rhinitis, hay fever, sore throat, tonsillitis, pharyngitis, ear infection, tinnitus, hearing problems, Meniere's disease etc.

Dermatological:

Acne, eczema, urticaria, psoriasis, dermatitis, shingles, fungal infection, herpes, alopecia, hair loss etc.

Internal:

Gastritis, peptic ulcer, IBS, constipation, diarrhea, colitis, hemorrhoids, cold & flu, headache, migraine, cough, asthma, bronchitis, palpitation, arrhythmia, chest pain, coronary heart disease, hypertension, hypotension, dizziness, paralysis etc.

Mental & Emotional:

Anxiety, panic attacks, restlessness, insomnia, stress, depression, hysteria etc.

Muscular & Skeletal:

Joint & muscle pain, arthritis, gout, stiff neck, neck or back pain, sciatica, frozen shoulder, sports injury, tennis elbow etc.

Genitor- Urinary & Reproductive:

Impotence, premature ejaculation, low sperm count, asthenospermia, prostatitis, irregular periods, endometriosis, menopause, morning sickness, infertility, uterine bleeding etc.

General Problems:

Weight problem, fatigue, lower energy level etc.

Addictions:

Alcohol, tobacco etc.

PRICES

Consultation:		£16
Herbs:	per day	£7
Herbal Powder:	per day	£7
Tuina / Massage:	30 min	£25
	60 min	£45
	90 min	£65
Deep Tissue Tuina / Massage:	10 min	£10
	30 min	£30
	60 min	£60
Herbal Foot Bathing & Foot Massage:	30 min	£30
	60 min	£60
Acupuncture:	30 - 40 min / per session	£35
Cupping:	25 min / per session	£20
Ear Candle:	25 min / per session	£20

NOTES:

We have discount policy for regular customers:
Buy any 6 get 1 free; buy any 10 get 3 free.

OPENING HOURS:

Monday - Friday: 10 am - 8:30 pm

Saturday: 10 am - 7 pm

Sunday: 10 am - 6 pm

TUBE STATION:

King's Cross & St. Pancras

BUS: 17, 45, 46, 63, 259, N63

Get off at Swinton Street stop, close to our door.



King's Cross TCM & Herbal Centre UACM

英國中醫學院國王十字街專家門診



Free From Medical & Chemical
With Only Traditional Way &
Natural Herb Leading to Health
Top TCM & Herbal Practitioners To Serve You
• 名醫坐堂 • 各科俱全 • 藥優價廉

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(Opposite to Royal National
Throat Nose & Ear Hospital
皇家國民耳鼻喉醫院對面)

