

TCM 中医学

TCM (Traditional Chinese medicine) has been originally developed in China with over 3,000 years of history. TCM treatments consist of herbs, Tuina (Classical Chinese massage), cupping and acupuncture, etc. It is the oldest, safest & most natural therapy in the world. It has been widely used in China, Korea and Japan, now becoming more & more popular in the West including UK.

HERB 中草药

Herbal medicine is the result of combination between plants & foods which are used for keeping and restoring the normal body functions & treating most of diseases. The herbal formula for each patient varies & depends on the diagnosis by our experienced TCM practitioners. Herbal remedy is key therapy in this centre. Usually patients will feel difference after 7-14 days of herbal treatments.



TUINA 推拿

Tuina is a form of Chinese classical massage with hands-on body that uses Chinese Taoist and martial arts in an effort to bring the body from 'imbalance' into 'balance'. The practitioner may knead, roll, press, and rub the affected area for treatments of musculoskeletal conditions, arthritis, headache, neck or back pains, insomnia, stress, chest & abdominal pains etc.

ACUPUNCTURE 针灸

Acupuncture is regarded as a form of alternative medicine in the West. It is an important part of TCM. For over 3,000 years, it has been applied successfully to many conditions, such as headache, migraine, arthritis, gout, muscular and neck or back pains, sinusitis, obesity, insomnia, depression, hysteria, infertility, irregular menstruation etc.



2 Successful cases of infertility treated by Prof Enqin Zhang (Engin Can) with herbs

PROF ENQIN ZHANG (ENGIN CAN)

张恩勤 教授

A worldwide well-known TCM & herbal scholar & practitioner.

He started studying TCM (Traditional Chinese medicine) & herb at Shandong College of TCM in 1972, and then graduated from Shandong University of TCM in 1982 with master degree in TCM; and also obtained doctorate in alternative medicine from Medicina Alternativa Institute in 1992. He gets professorship from 6 Chinese & international universities & institutes.

Currently he is the member of ATCM UK & is qualified to practice TCM, herbal medicine, acupuncture and Tuina therapies in UK. Patients are coming to see him from all over the world including members of royal families. Additionally, he acts as president of UK Academy of Chinese Medicine and teaches acupuncture, massage and herbal medicine for postgraduates; he is the member of 'Clinical Curative Effects Evaluation Committee' of WFCMS (associated with WHO); the senior member of the Royal Society of Medicine UK; and Vice president & general secretary of ACMP, UK.

He can help patients with TCM & herbal therapies for following conditions: sinusitis, sore throat, Meniere's disease, tinnitus, hearing problem, gastritis, peptic ulcer, infection or stones in gallbladder, IBS, asthma, cough, headache, migraine, stress, insomnia, depression, hysteria, dizziness, hypertension, chest pain, palpitation, arthritis, gout, neck pain, lumbago, sciatica, osteomyelitis, nephritis, urinary infection, enuresis, prostatitis, infertility, hemorrhoid, acne, eczema, women diseases, hair loss, smoking and cancer patient's supports, ect.

Prof Enqin Zhang has written & published many TCM & herbal books, such as 'Research in Classical Herbal Formulas', published by Yellow River Press in 1989; 'A Practical English-Chinese Library of TCM', composed of 14 books, the first of its kind in the world, published by Shanghai TCM University Press in 1990; 'Shang Han Lun Study Guide' by People's Medical Publishing House in 2006, etc. He was awarded by Chinese State Council for his outstanding achievements in TCM & herbs in 1990.

He is practicing in this centre.

张恩勤 主任医师 教授 国际著名中医学者和临床专家

从医43年，临床经验丰富。现为英国皇家医学会和英国中医药学会资深会员，世界中医药学会联合会‘临床疗效评价委员会’专家。先后师从著名伤寒专家导师李克绍教授和内科名医吕同杰教授，尽得其传。1982年山东中医药大学研究生毕业，医学硕士；1992年获 MEDICINA ALTERNATIVA INSTITUTE 院长 ANTON JAYASURIYA 教授授予的‘替代医学博士’。

擅治胃炎、溃疡病、气管炎、哮喘、失眠、抑郁症、颈椎病、腰椎病、骨髓炎、关节炎、痛风，肝胆病、心血管病、泌尿生殖病及性病、男性不育、女性不孕、鼻窦炎、咽喉炎、中耳炎、内耳眩晕、痤疮、湿疹、带状疱疹、牛皮癣和脱发，以及戒烟和癌症的辅助治疗等。

他论著甚多，曾主编《经方研究》，黄河出版社1989年7月出版；世界第一套《英汉对照实用中医文库》14本，上海中医药大学出版社1990年4月出版；《中国传统医学丛书》27分册（含藏医），科学出版社1994年陆续出版；新著《伤寒论研习指导》英文版，人民卫生出版社2012年6月出版。其作品早已流传到世界上80多个国家和地区。在英国皇家医学会、MIDDLESEX UNIVERSITY、WESTMINSTER UNIVERSITY 等图书馆，均可借到。1991年曾获中国国务院学位委员会‘突出贡献奖’。先后担任过山东中医药大学进修部（西医学中医系）主任、苏联阿瑟拜疆卫生部医药学院教授、国际替代医学学院教授、台湾台北中医药学会名誉教授等。目前担任英国中医学院院长，与上海中医药大学合办中医硕士、博士研究生教育以及多种进修班。他精通汉、英和土耳其语等，医德高尚。前来就医者，不乏皇家贵族、高官名流；更多为平民百姓。他都一视同仁，精心诊治。

张教授现就在此诊所坐堂行医，每天应诊。

其他专家

这里是英国中医学院的附属诊所，英国中医学院的部分教授、专家，也在此坐堂行医，但需提前 2-3 天预约。具体请查英国中医学院官方网站：www.uacm.co.uk

TCM & HERBS

Can Help You With Following:

Ear, Nose & Throat:

Sinusitis, rhinitis, hay fever, sore throat, tonsillitis, pharyngitis, ear infection, tinnitus, hearing problems, Meniere's disease etc.

Dermatological:

Acne, eczema, urticaria, psoriasis, dermatitis, shingles, fungal infection, herpes, alopecia, hair loss etc.

Internal:

Gastritis, peptic ulcer, IBS, constipation, diarrhea, colitis, hemorrhoids, cold & flu, headache, migraine, cough, asthma, bronchitis, palpitation, arrhythmia, chest pain, coronary heart disease, hypertension, hypotension, dizziness, paralysis etc.

Mental & Emotional:

Anxiety, panic attacks, restlessness, insomnia, stress, depression, hysteria etc.

Muscular & Skeletal:

Joint & muscle pain, arthritis, gout, stiff neck, neck or back pain, sciatica, frozen shoulder, sports injury, tennis elbow etc.

Genitor- Urinary & Reproductive:

Impotence, premature ejaculation, low sperm count, asthenospermia, prostatitis, irregular periods, endometriosis, menopause, morning sickness, infertility, uterine bleeding etc.

General Problems:

Weight problem, fatigue, lower energy level etc.

Addictions:

Alcohol, tobacco etc.

PRICES

Consultation:	£16
Herbs:	per day £7
Herbal Powder:	per day £7
Tuina / Massage:	30 min £25
	60 min £45
	90 min £65
Deep Tissue Tuina / Massage:	
	10 min £10
	30 min £30
	60 min £60
Herbal Foot Bathing & Foot Massage:	
	30 min £30
	60 min £60
Acupuncture:	30 - 40 min / per session £35
Cupping:	25 min / per session £20
Ear Candle:	25 min / per session £20

NOTES:

We have discount policy for regular customers:
Buy any 6 get 1 free; buy any 10 get 3 free.

OPENING HOURS:

Monday - Friday: 10 am - 8:30 pm

Saturday: 10 am - 7 pm

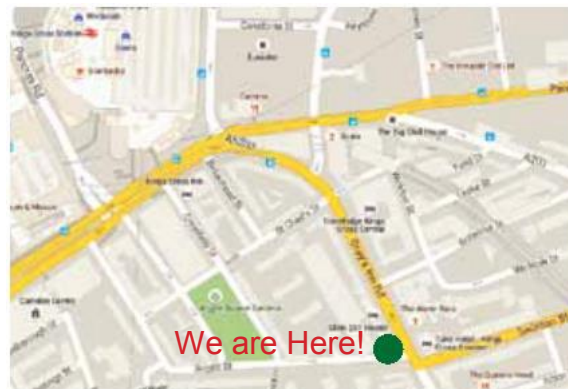
Sunday: 10 am - 6 pm

TUBE STATION:

King's Cross & St. Pancras

BUS: 17, 45, 46, 63, 259, N63

Get off at Swinton Street stop, close to our door.



King's Cross TCM

(Traditional Chinese Medicine &)

Herbal Centre UACM

英国中医学院国王十字街专家门诊



Free From Medical & Chemical
With Only Traditional Way &
Natural Herb Leading to Health
Top TCM & Herbal Practitioners To Serve You

• 名医坐堂 • 各科俱全 • 药优价廉

Tel: 020 3509 9050 / 020 3509 61934 80

E-mail: info@kingcross-tcm.co.uk

prof.engincan@kingcross-tcm.co.uk

Website: www.kingcross-tcm.co.uk

255 Gray's Inn Road, King's Cross
London, WC1X 8QT UK

(Opposite to Royal National
Throat Nose & Ear Hospital
皇家国民耳鼻喉医院对面)



如何使用草药浓缩颗粒：1、将 3 勺草药浓缩颗粒放入杯中；2、加入开水半杯；3、搅匀溶解均匀；4、待温度降至温后饮用。一般一日三次，每次三勺。5、胃口不好的饭后饮用；胃口好的饭前服用。6、失眠的病人，不宜上午上班时服用，可改为晚饭前后服 4 勺半，临睡之前服 4 勺半。

注意：每勺中药浓缩颗粒=1.5 克

How to use herbal concentrated granules:

1. Put 3 spoons of herbal concentrated granules into a cup;
2. Add half a cup of boiling water;
3. Stir well and dissolve evenly; 4. Drink after the temperature drops to warm. Usually three times a day, three spoons each time.
5. If you have a bad stomach drink it after a meal; if you have a good stomach , take it before a meal. 6. Patients with insomnia should not take it in the morning when going to work. Instead, they can take 4 and half spoons before and after dinner and 4 and half spoons before going to bed.

Notice: 1 spoon of herbal granules =1.5 grams

